

## Crew Overboard Recovery Drill Certificate

This certificate shall be completed in accordance with NOR 5.12 and CMSR 5.13 and attached to and presented with the Boarding Pass at Pre-Race Sign-In. Signatures of the Invited Competitor and Person In Charge below certify that Crew Overboard Recovery Drills were conducted on the date(s) indicated. Each member whose signature appears below participated in on-the-water drills and was instructed in the following elements (check each one that is completed – see CMSRs for required elements):

- |   |  |
|---|--|
| <input type="checkbox"/> <b>QUICK STOP procedures (upwind and downwind)</b><br><input type="checkbox"/> Immediate tack without jib release upwind<br><input type="checkbox"/> Immediate stop with spinnaker downwind<br><input type="checkbox"/> <b>Recovery under SAIL (may utilize dummy)</b><br><input type="checkbox"/> Recovery to windward <input type="checkbox"/> Recovery to leeward<br><input type="checkbox"/> <b>Recovery under POWER (may utilize dummy)</b><br><input type="checkbox"/> Recovery to windward <input type="checkbox"/> Recovery to leeward<br><input type="checkbox"/> <b>Use of VHF radio for declaring a MAYDAY</b><br><input type="checkbox"/> <b>Use of MOB button on GPS/VHF/Handheld/Instruments</b> | <input type="checkbox"/> <b>Use of HEAVING LINE</b><br><input type="checkbox"/> <b>Deploy LIFESLING</b><br><input type="checkbox"/> <b>Deployment (or discussion) of MOM-8/ MOB Pole</b><br><input type="checkbox"/> <b>Designation of SPOTTER/POINTER</b><br><input type="checkbox"/> <b>Discuss actions by overboard crew member</b><br><input type="checkbox"/> <b>Clearing lines from water</b><br><input type="checkbox"/> <b>Reboarding using alternate method or discuss method</b><br><input type="checkbox"/> <b>Reboarding crew using a halyard (may be from dock)</b> |
|---|--|

<b>Boat Name:</b>	<b>Number of Crew Registered for Race:</b>
<b>Invited Competitor signature:</b>	<b>Printed Name IC:</b>
<b>Person In Charge signature:</b>	<b>Printed Name PIC:</b>
<b>Date of Drill – Session #1:</b>	<b>Date of Drill - Session #2 (Optional):</b>
<b>Place:</b>	<b>Place:</b>
<b>Conditions:</b>	<b>Conditions:</b>

PRINTED NAME of CREW	CREW MEMBER SIGNATURE	DATE OF DRILL (dd/mm/yyyy)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		

(Continue Name, Signature, Date list on back if space for additional crew is required)

PRINTED NAME of CREW	CREW MEMBER SIGNATURE	DATE OF DRILL (dd/mm/yyyy)
18.		
19.		
20.		
21.		
22.		
23.		
24.		
25.		
26.		
27.		
28.		
29.		
30.		